

## **Sheralee Mitchell-MacEwan**

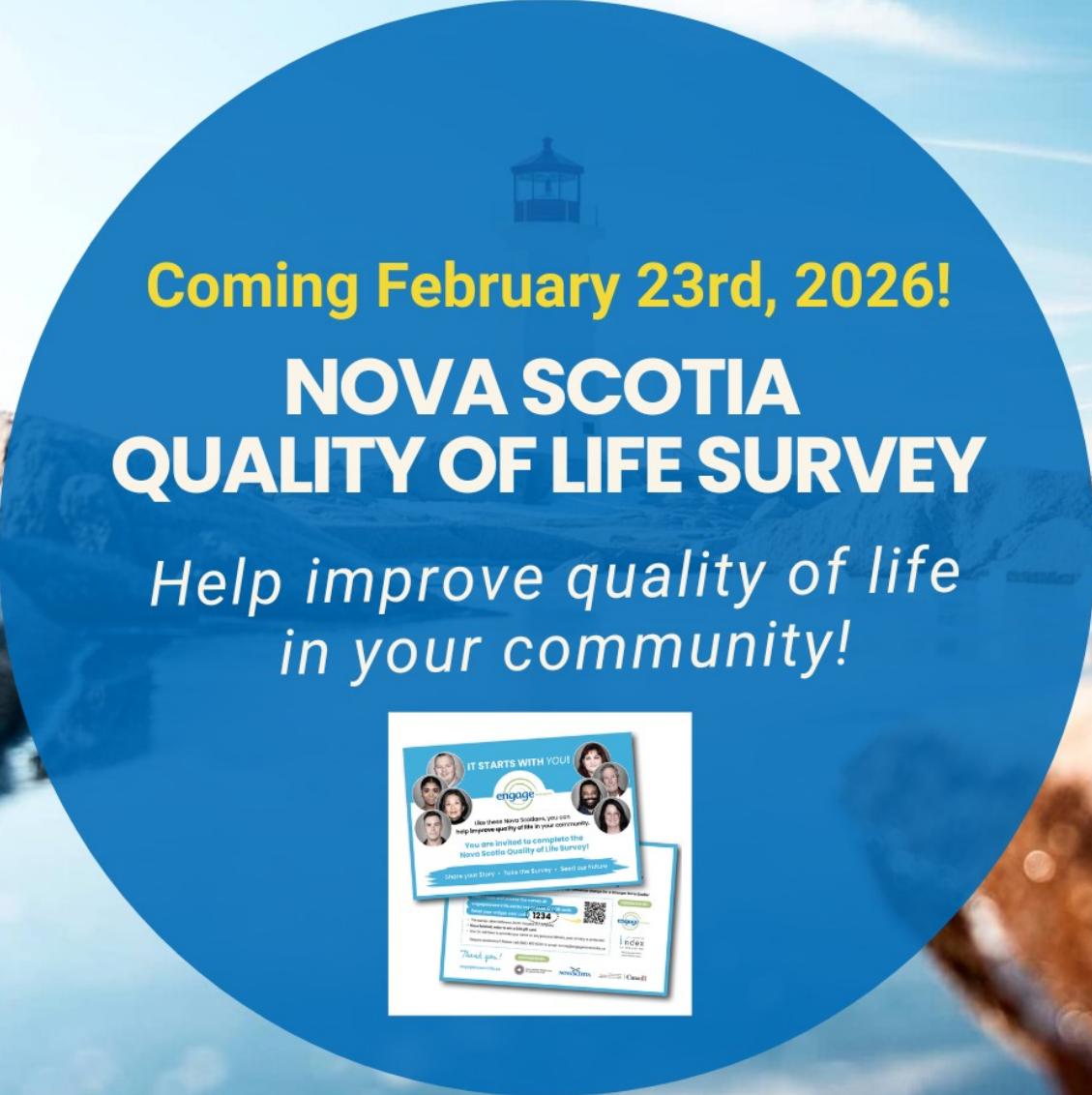
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**From:** Engage Nova Scotia <ens@engagenovascotia.ca>  
**Sent:** January 15, 2026 9:03 AM  
**To:** Sheralee Mitchell-MacEwan  
**Subject:** We have some news to share!

*January 2026 e-blast*



**We have *news* to share!**



**Coming February 23rd, 2026!**

## **NOVA SCOTIA QUALITY OF LIFE SURVEY**

*Help improve quality of life  
in your community!*



**We are excited to announce...**

The ***Nova Scotia Quality of Life Survey*** is launching on **February 23rd!**  
A groundbreaking opportunity to help improve quality of life in your community.

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Every household across the province will be mailed an invitation to take the survey.

It will also allow us to compare results from when we last surveyed in 2019.

**It starts with you!**

What can you expect? Once you receive your invitation postcard, you will be directed to take the survey online. It will take between 30 to 60 minutes to complete the survey.

We ask questions about your quality of life that will help tell a more complete story of your wellbeing and that of your community.

Questions like, do you have enough time with family? Can you pay your bills? Do you experience loneliness?

These questions and many more will give us a better understanding of how Nova Scotians are doing.

Results will be made public and available to everyone through our [Wellbeing Mapping Tool](#) to equip decision makers, advocates and researchers with previously unknowable or ignored information to address long standing challenges.

Complete the Nova Scotia Quality of Life Survey when it arrives in your mailbox starting February 23rd! Your participation can **help influence change for a stronger Nova Scotia!**

## What's Your Story? Tell us starting February 23rd, 2026!



To learn more see our [FAQ page](#)

**Share your Story . Take the Survey . Seed our Future**

Look for more outreach and updates as we launch the  
**Nova Scotia Quality of Life Survey!**

Please share, like and comment, we'd love to hear from you.





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