

From: East Hants Community Learning Association <communications@communityrider.com>
Sent: October 2, 2025 8:23 AM
To: Info
Subject: EHCLA Programs Snapshot for October 2025

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Fall has arrived!

The mornings are getting chilly and the trees are turning all sorts of beautiful colours. We hope you are enjoying the change of seasons.

Our programs are changing just like the leaves. We have a host of Tuesday evening workshops we know you will enjoy. From Gaelic to ADHD to Spooky Storytelling and a Songwriter's Circle, there's activities for everyone. Check out the posters below and please reach out if you are interested in attending.

Our signature fall event is just around the corner. Our 7th Annual Harvest Dinner will be happening on Thursday, October 30th from 4 to 7 p.m. It will be at a new location - Cup of Soul Cafe. There's also the option to dine-in outdoors at the picnic tables alongside the restaurant. Tickets are \$15 for this 3 course fall feast. Make plans with friends and family and enjoy this delicious taste of the season. You can register in any of the following ways:

Online: easthantslearning.com/harvest-dinner-7/

Phone: 902-883-1608

Email: ehcrcommunications@gmail.com

Thanks for reading,

Phil Laven



October 2025

HIGHLIGHTS

Join us every Tuesday evening for **Tuesday's Topic**:

- This is a free, fun workshop open to the community
- New topics every week to learn a variety of skills
- The goal is to make friends and have fun!

Have a topic you would like us to cover? Let us know!

902-883-1608 • ehcrcommunications@gmail.com

UPCOMING DATES

Mon Oct 6, 10-noon:

Service Canada Info Session

Tues Oct 7, 6-7:30 pm: **Learn Gaelic**

Thurs Oct 9, noon: **Pop up Market**

@ **Elmsdale Community Garden**

Fri Oct 10, noon: **Pop up Market**

@ **Shubie RBC - 2824 Main St W**

Tues Oct 14, 6:30-8 pm:

Inside the ADHD Mind Info Session

Tues Oct 21, 6:30-8 pm:

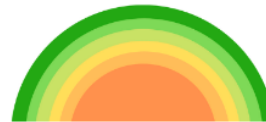
Spooky Storytelling @ EHCLA

Tues Oct 28, 1:30-2:30 pm:

Tax & Benefits Info Session @ EHCLA

Tues Oct 28, 6:30-8 pm:

Songwriter's Circle @ EHCLA



7th Annual Harvest Dinner

Thursday, October 30th - 4 to 7 p.m.

@ **Cup of Soul Cafe**

1-7 Horne Rd, Elmsdale

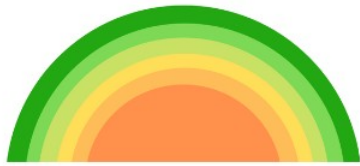
3 course meal for \$15/person

Drive-thru or outdoor dine-in

Book your tickets today!

(902) 883 1608

easthantslearning.com/harvest-dinner-7



7th Annual Harvest Dinner

**Drive-thru or Dine-in
@ Cup of Soul Cafe
1-7 Horne Rd, Elmsdale, NS**

Brought to you by:

Elmsdale
COMMUNITY GARDEN
Making Food Accessible

East Hants
**COMMUNITY
LEARNING ASSOCIATION**
Making Learning Accessible



Sponsorship available:

902-883-1608
ehcrcommunications@gmail.com
easthantslearning.com/corporate-support

**Thursday, October 30th
4 p.m. - 7 p.m.
\$15 per ticket
Pre-pay or e-transfer
(donations graciously accepted)**

Book your tickets at:

902-883-1608

easthantslearning.com/harvest-dinner-7/

APPETIZER

**Tomato Basil Soup
OR
Mixed Green Salad**

DESSERT

**Apple Ginger Cake
OR
Blueberry Crisp**

**Both served with:
Whipped Cream**

MAIN

**Chicken & Gravy
OR
Braised Pork**

**Both served with:
A Savoury Biscuit
Roasted Vegetables
Mashed Potatoes**

**Gluten free
options available
upon request**



FREE Information Session on Service Canada Supports

**Monday, October 6th
10 a.m. to 12 p.m.**

Learn about free resources
to find work, apply for supports
and access services

Limited seats available
RSVP: 902-883-1608

ehcrcommunications@gmail.com



**TUESDAY'S
TOPIC
@ EHCLA**

**FREE
TUESDAY
EVENING
WORKSHOPS**

**ARTS & CRAFTS
SKILLS
LANGUAGES
FUN & GAMES
& MORE!**

**FOLLOW US
ONLINE FOR
FUTURE
PROGRAMS**



LEARN GAELIC WITH ED MACDONELL

**AT EAST HANTS
COMMUNITY LEARNING**

**the Old School at
224 Highway 214, Elmsdale**



**TUESDAY, OCTOBER 7TH
6 TO 7:30 PM**

- Connect with your roots
- Learn about our past
- Make friends and have fun

**LIMITED SPACES
AVAILABLE!**

REGISTER TODAY:

902-883-1608 • EHCLAINSTRUCTOR3@GMAIL.COM

WWW.EASTHANTSLEARNING.COM



Mi'kmaw Language and Culture Conversations Online Class

Learn more about Mi'kmaw culture and language
through this weekly class with Elder Thomas Christmas



10 week program: **October 8th - December 10th**
Wednesdays, 6:00 - 7:30 p.m. AST
Online Live Class or Shared Recorded Class

For details and registration information:
ehclainstructor2@gmail.com

POP UP MARKETS!

**Elmsdale Community Garden,
224 Highway 214, Elmsdale**

**Shubie RBC Branch
2824 Main Street West,
Shubenacadie, NS**

**Thursday, October 9
12 noon - 1 p.m.**

**Friday, October 10
12 noon - 1 p.m.**



FREE fresh fruits and veggies for you and your family



FREE
TUESDAY
EVENING
WORKSHOPS

ARTS & CRAFTS
SKILLS
LANGUAGES
FUN & GAMES
& MORE!

FOLLOW US
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INSIDE THE ADHD MIND: WHAT PARENTS AND EDUCATORS NEED TO KNOW

Info Session with Katrina Paruch
@ the Old School at
224 Highway 214, Elmsdale

TUESDAY, OCTOBER 14TH
6:30 TO 8 PM

- Learn about ADHD
- Practical tips to support kids
- Make friends and have fun

**LIMITED SPACES
AVAILABLE!**

REGISTER TODAY:

902-883-1608 ● EHCLAINSTRUCTOR3@GMAIL.COM

WWW.EASTHANTSLEARNING.COM

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TOPIC**
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SPOOKY STORYTELLING WITH THE LORE PODCAST



**AT EAST HANTS
COMMUNITY LEARNING**

**the Old School at
224 Highway 214, Elmsdale**



**TUESDAY, OCTOBER 21ST
6:30 TO 8 PM**

- Enjoy a story in the dark
- Bring your blanket
- Make friends and have fun

**LIMITED SPACES
AVAILABLE!**

REGISTER TODAY:

902-883-1608 • EHCLAINSTRUCTOR3@GMAIL.COM

WWW.EASTHANTSLEARNING.COM



FREE Information Session on Taxes, Credits and Benefits

Monday, October 27th - 10 to 11 a.m. - Newcomers to Canada

Tuesday, October 28th - 1:30 to 2:30 p.m. - General Public

Learn about which credits
and benefits can save you
money on your taxes

Limited seats available

RSVP: 902-883-1608

ehcrcommunications@gmail.com



People
helping
people

Canada Revenue
Agency

Agence du revenu
du Canada

Canada



Des gens
qui aident
des gens

**TUESDAY'S
TOPIC
@ EHCLA**

**FREE
TUESDAY
EVENING
WORKSHOPS**

**ARTS & CRAFTS
SKILLS
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FUN & GAMES
& MORE!**

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SONGWRITER'S CIRCLE

WITH DARLENE MACNEIL

**AT EAST HANTS
COMMUNITY LEARNING**

**the Old School at
224 Highway 214, Elmsdale**



TUESDAY, OCTOBER 28TH

6:30 TO 8 PM

- Build your songwriting skills
- Enjoy a few tunes
- Make friends and have fun

**LIMITED SPACES
AVAILABLE!**

REGISTER TODAY:

902-883-1608 • EHCLAINSTRUCTOR3@GMAIL.COM

WWW.EASTHANTSLEARNING.COM



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