



Kids Action Program

Phone 902-790-1077

Ashley Wadden aboyd.1044@outlook.com

**Kids Action Program – Hants Co.
AGM Board Report
June 2024**

What an incredible year we have had. So many new families have connected with our programs and new community partnerships have been created. We have great momentum in Hants and we are so excited for what progress is to come.

We had a few staff changes over the past year. September 1st Melissa White joined our team and Delaney White went on maternity leave. I (Ashley), left the KAP team at the end of May to pursue my dream of becoming an Elementary School Teacher. Delaney will be joining us once again in September as Hants County's new Director.

Where to begin... I will try and break this report down into some highlights of what staff have been up too and some things we would like to share with you about the year.

Over the last year, Melissa has been working hard as our program coordinator to come up with some fun and fresh ideas. At Christmas time Melissa saw a need for family photos and she made it happen. Families were able to sign up and come and get a few family photos, which were then emailed digitally to each family as well as a hard copy printed for each family. She has also been working on connecting with more youth in the community through programs such as; Cooking Club and After School Teen Hangout, which has had some fun themes emerge such as crafting and dungeons and dragons. Since the Fall Melissa has

been hosting 'Paint Night' events that have been a huge success, she has saw more than 100 people out to the varies events so far. Steve White the Kennetcook Fire Chief has been leading the majority of these events as well as Christina Wall. Melissa has also been working on connecting KAP with other community groups and creating partnerships within the community.

Vanessa our Great Beginnings Coordinator has been working hard to create programs to support clients prenatally and postnatally, as well as participating in many trainings such as her Doula Certification, Breast Feeding Support programs etc.. Throughout the year Vanessa has created a variety of new programs such as 'Move with Me' which has a focus on moving your body through different movements. She has also created monthly and soon to be weekly 'Mummy Time', this group focussing on offering connections and support to mothers in the area. On top of Vanessa's role with supporting mothers, she has also been working hard to create community engagement and family connections. One of the events she facilitated and organized which was graciously sponsored by Christina Wall at Little Lambs Second Chance was a Family Brunch. More than 40 people attended this free event which Christina purchased and cooked all the fixings for.

Melissa and Vanessa have also been working hard to continue programming as per usual in this transitional time of Ashley departing and Delaney not quite back yet from maternity leave. A few of the projects they are working on in addition to daily programming include; partnering with the Findley Park association to offer day camps for children, they are also working on hosting multiple events throughout the summer such as cooking camps and summer kick off and send off parties!

Ashley our Director over the past year has been working continuously on networking and building relationships between KAP and other organizations. Over the last year she has partnered with the West Hants Family Resource Centre (WFRC) to secure funding and host a children's program together. This group is called The Bridge, we chose this name because it is being hosted in Walton, a

community where our two organizations meet at the bridge to support families on either side. Ashley has also been facilitating Roots of Empathy at the Kennetcook District school in a grade 1 class which has been going extremely well. A couple big projects Ashley has facilitated include an Early Childhood Check In which brought multiple services together in one day and families had the opportunity to meet and get assessments if desired from any of the services provided such as dental, hearing & speech etc.. Other projects Ashley has coordinated on have included our Splash & Play program which secured \$5000 this past year. The Angel Tree Program which was ultimately a collaborative team project this year supported 78 children and brought in roughly \$7400 in donations, which included \$3300 in grocery gift cards that were contributed to the program from Hants County Christmas Angels.

Important pieces to note:

- We received \$5,000 from the Active Communities Fund for 2023-2024
- We received \$986 from the East Hants Community Fund 2023

Respectfully submitted by

Ashley Wadden

Kids Action Program- Hants Director

Kids Action Program (AVH CAPC)

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September 17th 2024
Executive Directors AGM Report

What a team we have!! The programs, the diversity of participants, the increased numbers and of course the incredible dedication, passion, enthusiasm and commitment that staff have, directly and significantly contributed to our success this past year with our families and community.

I'm just going to mention a few of the highlights from each month of this past year.

In September 2023 I trained 2 staff members, one in each county, to be certified Doula's. With the rural population that we serve and the increased numbers of newcomers in our prenatal programs the need for support became very evident. Both Bo Sung and Venessa Franco have been attending births and providing care and support to single moms, immigrant moms, moms with no extended families close by and moms who just want the care of another experienced and trained woman nearby. Lots of these women, their babies, children and families continue to attend many of our programs on a regular basis. Major success!

In October of 2023 Kids Action Program (KAP) was re-invited to the provincial table to explore a potential application for the brand-new Integrated Youth Services (IYS) Program lead by a team at the IWK hospital in Halifax. This is long term funding to establish 8 comprehensive facilities in the province for youth 12-24 years old supporting youth from an integrated comprehensive encompassing mental and physical health, employment opportunities, peer and community supports etc. We are one of many partners and organizations meeting on a regular basis to explore the options for a Centre in the Western Zone. One of the biggest barriers is the size and expansiveness of the western zone (from Yarmouth to this side of Windsor) with only eligibility for one facility. We continue to meet

with multiple local interested parties and continue to explore the complex options and concerns. I'm happy to address questions at the AGM regarding this complex issue.

In November of 2023 the Santa's Little Helpers, East Hant's Angel Tree and Christmas in the Village were well on their way! Support rolling in from multiple Community Partners, Businesses, municipality and individuals.

Donna, Ashley and I attended the annual provincial Knowledge Exchange for Community Prenatal and Nutrition Program (CPNP) and Community Action Program for Children (CAPC) hosted by the Public Health Agency of Canada, our federal funders. Representatives from 42 projects around the province gathered to discuss programs, policies and major changes that will happen with CPNP and CAPC projects across the country. We will all have to make a new application for funding, including a needs assessment. ED's are feeling quite concerned about the possible repercussions attached to this process.

December is one of the busiest months for all KAP staff prepping for holiday and community collaborations to support families. In Kings County we partner with Rewind our local radio station (for the past consecutive 8 years), Giant Tiger, MacKay Real Estate, local businesses, many individuals and families. We provide Holiday support for almost 100 families. In East Hants, they too have tremendous local support from their municipality, local businesses, Christmas in the Village and individuals.

January is typically less busy with participants getting their kids back to school and staff meeting to organize and develop new programs and schedules. We had PD for 2 days in January. We had guest speakers present from Department of Community Services in Child and Family Well Being, formally Child Protection, and from Income assistance. Judy Lipp (Flying Squirrel Adventures) presented on resilience and preparedness in a crisis or emergency. Staff also had opportunity to share some nice food and participate in team building and getting to know each other in a deeper way.

February brought stormy weather and an opportunity for KAP to offer outdoor activities and programs such as coasting, snowplough safety,

campfires and hikes. When there is inclement weather we have indoor movies, cooking workshops, family game nights and some virtual activities as well.

March/April is busy dealing with annual reports, federally and provincially. All contracts with PHAC and DCS were successfully signed and re-negotiated. We have successfully renewed our contract with the Housing and Unhoused position. We have renewed our contract with the Supervised Parenting and Exchange Program (SPEP) with the Department of Justice (DOJ). I am currently in negotiations with DOJ to potentially have a project in Hants County serving courts in Truro, Windsor and Shubie. There are currently only 4 SPEP's in the province so for KAP to host 2 projects would be a feather in our cap!

May/June is time for spring programs and end of school year celebrations. I continue to teach Circle of Security Parenting (COSP), Prenatal and AMP-ed Up (Amger Management throughout the year. I also sit on many community boards and attend meetings with businesses and partner organizations. In June I increased the dollar amount for our monthly Food Box from \$15/month to \$25/month. Participants pay \$5.00. The box is full of fresh fruits, vegetables, eggs, cheese, peanut butter and tuna. Such an important program. KAP continue to partner with Valley Community Learning Organization (VCLA) on many programs such as our Garden Programs, Pathways to Success, creation of a Comfort Centre, The Literacy Mile and many more.

I continue to support multiple families/individuals through complex issues including navigation of legal appointments, Provincial and Family Court, Child and Family Well Being (formally CPS), Income Assistance etc.

July/August keep us busy with summer programs and activities including families and all their children. We take families to the ocean, lakes, parks and the forest. Many of our families do not typically have access to beaches and water due to lack of resource and transportation.

In closing, I have to say, that KAP staff are truly amazing! Their unwavering dedication to community and the families they serve is

nothing short of remarkable and commendable! They inspire me daily, not only in the work they do for others but in their work ethic their camaraderie, compassion and caring for each other. Their sense of humour also goes a long way dealing with often stressful situations. With such a compassionate and cohesive team the organization is well positioned to continue making a difference in the lives of those we serve. I am proud to call them coworkers and friends.

Respectfully submitted,

A handwritten signature in blue ink that reads "Suann Boates". The signature is fluid and cursive, with a long, sweeping underline.

Suann Boates

Suann Boates
Kids Action Program
Executive Director
Kings/Hants Co. NS
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Jo Swinemer

From: suannboates02@gmail.com
Sent: Wednesday, October 9, 2024 8:09 PM
To: Jo Swinemer
Subject: Budget and Financials
Attachments: KAP Budget Fiscal 2024 2025.xlsx; Untitled attachment 00033.htm; Bishops Financial statements 2023-2024.pdf; KAP November Calendar 2024 Hants.pdf

Categories: Awaiting Follow up

Good evening Jo,

Here are the financial budget and statements that you've requested. I have also attached a copy of our East Hants Calendar for November of this year so that you can see some of the programs offered in your area. We have a new Hants Co director, Delaney White, who has lived in the area her entire life. As a matter of fact, her mom, Beth White worked for KAP a number of years ago. Ashley Wadden, our previous director regrettably left her job with us to go back to school to pursue her education degree. Sadly, the reason she felt compelled to leave was because I am unable to pay her the living wage she deserves to support her young family. We wish her all the best!

The numbers of participants in Hants Co has exponentially increased in the past 2 years. The monthly food boxes have more than doubled. The attendance at all programs including parents, babies, young children, youth and grandparents have also significantly increased. The Christmas program alone has served over 100 people in the East Hants area.

Staff continue to create innovative and relevant programs based on the needs of the community. Weekly they are making new partnerships with community including, Public Health, Millbrook, sipekne'katik, Maggie's Place, FRCWH, etc.

Our Centre has been completely restored after the accident in February. We are currently looking to establish our Centre as a site to do Supervised Parenting and Exchange (SPEP) with the Department of Justice (DOJ) partnering with Family Courts in Truro, sipekne'katik and Windsor. This is a

contract that KAP currently has with DOJ in Kings County. This is potentially very exciting for East Hants considering there are currently only 4 approved sites in the province, one being Kings Co. We're meeting next week in Kennetcook with DOJ to do a site inspection.

We have also hired people to look into and support us to create a much need daycare Centre in the Kennetcook area. We already have trained and experienced staff to do this work. I'm hoping to meet with the Municipality soon to present options, financial possibilities and steps to make this idea a reality. It has become apparent to me that not having access to childcare in rural Hants county is a direct barrier for families to obtain employment and to move forward in their lives.

I hope this gives you a small window into some of the work we're doing to support your community.

Please know how much we appreciate your annual recognition and support. It truly means so much!

Let me know if there's anything further that you require.

Thanks Jo,

Suann

Suann Boates
Kids Action Program
Executive Director
Kings/Hants Co. NS
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NOVEMBER 2024

SUN

MON

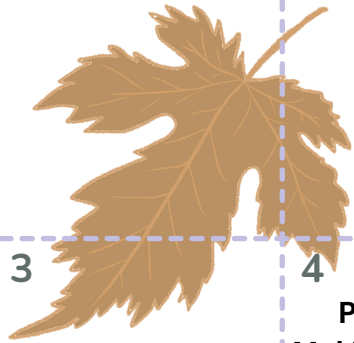
TUE

WED

THU

FRI

SAT



3

4



**Play Dough
Making Workshop**
10-11am
@Centre in
Kennetcook

5



Playgroup
10-11:30am
@Noel Firehall

6



Baby Daze
with visit from PHN
10-11:30am
@Centre in
Kennetcook

7

**Teen After
School Social**
3-4pm
@Centre in
Kennetcook

1



**Sunny Point
Farm Visit**
10:30-12pm
@398 Point Rd, Noel

2

8



**Great Beginnings
Food Box Delivery**
.....
Bridge (Playgroup)
10-11:30am
Walton District Firehall
with The WFRS

9

10

11



**Remembrance
Day**

12



Playgroup
10-11:30am
@Noel Firehall

13



Baby Daze
10-11:30am
@Centre in
Kennetcook

14



**Outdoor
Adventures**
3:30-4:30pm
@Findley Park

15



Splash & Play
10:30-12:15pm
@East Hants Aquatic
Centre

16

17

18



Move with Me
10-11am
@Kennetcook Firehall

19



**Cooking
Workshop**
10-12pm
@ Noel Church

20



Baby Daze
10-11:30am
@Centre in Kennetcook
.....
**KAP with
Mobile Library**
3-4pm
@ Kennetcook Firehall

21

**Teen After
School Social**
3-4pm
@Centre in
Kennetcook

22



Bridge (Playgroup)
10-11:30am
Walton Firehall
with The WFRS

23

24

25



Move with Me
10-11am
@Kennetcook Firehall

26



Playgroup
10-11:30am
@Noel Firehall

27



Baby Daze
10-11:30am
@Centre in
Kennetcook

28



**Outdoor
Adventures**
3:30-4:30pm
@Findley Park

29



**Christmas Cards
Making Workshop**
6:30-8pm
@Findley Park

30



If you are feeling unwell please protect the other participants at our programming and stay home!
Follow us on Facebook @ Kids Action Program-Hants for more details

Delaney: 1(902)579-2979
Melissa: 1(902)751-2785
Vanessa: 1(902)324-9412



**ANNAPOLIS VALLEY HANTS COMMUNITY ACTION PROGRAM FOR CHILDREN
ASSOCIATION**

Statement of Revenues and Expenditures

Year Ended March 31, 2024

	2024	2023
REVENUE		
CAPC and CPNP grants	\$ 346,722	\$ 346,722
Grants and projects (Note 8)	251,594	201,302
Other income (Note 9)	102,514	93,577
	<u>700,830</u>	<u>641,601</u>
EXPENSES		
Bad debts (recovery)	559	(1,020)
Capital asset purchases (Note 10)	-	6,995
Dues, fees, and licenses	100	100
Food box	28,676	34,907
Fundraising and donations	402	8,988
Insurance	7,260	6,754
Interest and bank charges	437	450
Office and program supplies	39,997	40,666
Professional fees	5,415	4,873
Rent and communications	26,406	27,849
Salaries and wages	454,801	399,901
Staff and board development	6,541	4,098
Travel	51,143	42,794
Vehicle fuel and maintenance	10,589	8,029
	<u>632,326</u>	<u>585,384</u>
EXCESS OF REVENUE OVER EXPENSES	<u>\$ 68,504</u>	<u>\$ 56,217</u>

See accompanying notes to financial statements

Kids Action Program Annual Budget

Fiscal 2024 -2025

Revenue

Municipality of East Hants	\$10,000
Health Canada - CPNP	\$272,722.00
Health Canada - CAPC	\$74,000.00
Family Resource Core Funding	\$140,000.00
Donations	\$10,000.00
Supervised Access & Exchange	\$55,000.00
Car Seat Grant	\$1,000.00
Contract Fees	\$5,000.00
NS Housing Support Worker	\$65,000.00
Total Revenue	\$632,722

Expenses

Wages/Contract Wages	\$415,000.00
MERCS	\$35,000.00
Health Plan	\$9,500.00
Staff Development	\$4,000.00
Van Repair/Gas/Ins	\$12,500.00
Meals & Incidentals	\$4,000
Travel	\$43,000.00
Office/Program Supplies	\$35,000.00
Food	\$30,000.00
Rent	\$13,000.00
Telephone	\$10,000.00
Insurance	\$5,500.00
Accounting	\$5,000.00
Misc.	\$3,500.00
Cable/Power	\$300.00

Total Expenses \$625,300.00

Minus Revenue \$632,722

Projected Income \$7,422.00