

Alana Richards

Subject: Outdoor Family Movie Night in Sipekne'katik Sept 22
Attachments: new movie poster.jpg

Good morning,

Last March many of you were able to attend the Shubenacadie Community Wellness Initiative meeting where leaders in our community began a discussion for a sustainable wellness path for the greater community of Shubenacadie. Now, we invite you to enjoy an evening in Sipekne'katik with us.

Initiated through the East Hants Community Health Board (EHCHB), volunteers have continued meeting to promote 4 main priorities on this reconciliation and healing journey from our past and the events of 2020:

- 1) Healthy Active Lifestyle and Supportive Environment
- 2) Mental Wellness and Sense of belonging
- 3) Thriving Communities Prosperity and Affordability
- 4) Community Engagement, Connection and Inclusion

We endeavour to create a wellness initiative respecting and reflective of the community we serve. This group has grown with other organizations and together will be hosting an outdoor movie night to help promote community mental health resources and an opportunity to visit Sipekne'katik. We hope you will share this upcoming event on Sept 22 with your friends and family.

The evening will begin at 6:30pm with children's activities facilitated by POSSE and Youth Links. We will also have a number of local community mental health organizations sharing their information. At dusk we will be screening Encanto. Please see/share the attached poster for more info.

Thank you in advance for the gift of your presence at this fun community event !

Yours truly,
Lorraine Martin

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