

Sheralee Mitchell-MacEwan

From: East Hants & Districts Chamber of Commerce <info@ehcc.ca>
Sent: Tuesday, May 2, 2023 1:26 PM
To: Sheralee Mitchell-MacEwan
Subject: May 2023 Newsletter

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Monthly Chamber Update for May 2023

WELCOME NEW MEMBERS!

[Diamond Water Treatment Services Limited](#)

[East Hants Youth Links](#)

[Maritime Labels & Packaging](#)

[Milford Recreation Association](#)

[The Wellness Initiative](#)

CHAMBER NEWS



Join us **MAY 3RD FROM 8 – 9 AM** at the **Cup of Soul Cafe** in **Elmsdale** for an hour of relaxed networking. Get caught up on local events, hear what other local businesses have on the go, make new connections, and build your network. We hope you'll stop in.

If you have any questions please email info@ehcc.ca

A graphic for a cyber security webinar. On the left, the East Hants & Districts Chamber of Commerce logo is at the top. Below it, the text "CYBER SECURITY WEBINAR" is in white on a blue background. Underneath, it says "5 Critical Protections Every Business Owner Must Have" and "Avoid Ransomware, Cyber Attacks and Data Breaches". In the center is a circular image of a person's hands typing on a laptop with a "CYBER SECURITY" screen. On the right, it says "Free Webinar Invitation" and "presented by: Scott Beck, CEO of BeckTek". At the bottom, it says "TUESDAY MAY 9TH 12:00 PM".

East Hants & Districts
CHAMBER OF COMMERCE

**CYBER SECURITY
WEBINAR**

**5 Critical Protections Every
Business Owner Must Have**

Avoid Ransomware, Cyber Attacks
and Data Breaches

Free Webinar Invitation

presented by:
Scott Beck, CEO of BeckTek

TUESDAY MAY 9TH 12:00 PM

Register for this complimentary webinar at: [Register Here](#)



East Hants & Districts
CHAMBER OF COMMERCE

PRESENTS
BUSINESS BREAKFAST MEETING
WITH KINGS-HANTS MP KODY BLOIS

FRIDAY, MAY 19 2023
8:00 - 9:30 AM
EAST HANTS SPORTSPLEX, TODD HUNTER ROOM
1076 HWY 2, LANTZ

SAVE MY SEAT! **RSVP:** info@ehcc.ca
(902) 883-1010 **Continental Breakfast
will be provided**

Email your RSVP to info@ehcc.ca to let us know you will joining us.



SAVE THE DATE – JUNE 3RD!

Registration for businesses is now open!

FREE to participate!

Home-based businesses are welcome to set up at no cost at one of the Pop-Up Markets.

[REGISTER HERE](#)



Hey Members! Get featured on our social platforms in the **Monday Member Spotlight!**
Send us a short discription of your business, products and services and why you joined the Chamber!

Email info@ehcc.ca and you'll be added to the queue.



We're looking to hire a student for a 10 week term this summer. The job description will be posted soon.
For those interested in applying please sent cover letter and resume to info@ehcc.ca.

BUSINESS INFORMATION AND RESOURCES

Experiencing "Labour Pains"? Here's Retention Tip #2

Are you aware that your organization has unwritten rules?

Unwritten rules (synonyms: Unspoken rules) are behavioral constraints imposed in organizations or societies that are not typically voiced or written down. They usually exist in unspoken and unwritten format because they form a part of the logical argument or course of action implied by common assumptions. [Read more...](#)

In need of some business skills training? Check out [Skills Online NS](#).

MEMBER AND COMMUNITY NEWS

The **East Hants Family Resource Centre's annual Mother's Day Teapot** fundraising sale is happening this year! Businesses can sponsor the event for \$100, and receive social media thank-yous, a link to their business sites from EHFRC's social media, and a business receipt. Flower filled teapots are also available to order for \$25 each, for pick up on May 11 and May 12. For more information, to sponsor, or to order, please call 902-883-4349.

The **Annual Author Read & Book Shop** by the East Hants Writers Group: May 5 & 6 at the Milford Recreational

Centre.

SAVE THE DATES!

- **Family Picnic & Planting Day!** Monday June 5th: 224 Hwy 214, Elmsdale. Brought to you by [East Hants Community Learning Association](#) and the [East Hants Family Resource Center](#).
- Friday June 16th: **East Hants Community Learning Association AGM & Vehicle Launch** at the Elmsdale Legion.

Check out the new [Shop East Hants](#) local business directory and add your business to the growing list!

COST SAVING PROGRAMS & MEMBERSHIP BENEFITS



Looking for the best employees?

The **Chambers Plan** has been providing small business health insurance since 1970, offering flexible benefit plans with comprehensive coverage to employees and their families. For more information please contact the EHCC office at (902) 883-1010 or Theriault Financial at (902) 434-9088. And you can visit <https://www.ehcc.ca/group-insurance>

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East Hants Canadian Chamber of Commerce



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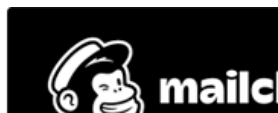
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